

Every SENSASIA treatment includes a foot cleansing ritual, your own comfy robe and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea. If any of our Signature Spa Packages don't meet your needs, we can create one just for you.

TREATMENT	TIME	PRICE
BLISSFULLY UNAWARE Indulge in the Signature SENSASIA Hot Stone Massage followed by a Facial. Bliss.	150MIN	875DHS
URBAN LIVING™ Let your skin breathe freely with this smoothing body buff and massage combo.	90MIN	549DHS
BEE MY HONEY Get your honey ready with this seriously skin softening session. Delicious doesn't cut it.	120MIN	699DHS
ABSOLUTE SPA RITUAL Our bestseller. A complete journey into sensory heaven, combining a full body massage with an intensive Anti-Ageing or Skin Solution Facial, prescribed to your needs.	135MIN	895DHS
THE URBAN REPAIR Discover the official Oscar's facial, the Diamond Cocoon, from Nature Bisse along with your must-have 60 min massage. SENSASIA-ites are loving the immediate glow...	135MIN	945DHS
THE LUXE COCO RITUAL A gorgeous, gritty coconut scrub and warm scented coconut oil massage to rejuvenate and nourish. Luxe to the max with hot stones.	120MIN	569DHS/669DHS
COUPLES WHO SPA TOGETHER (ONLY AVAILABLE AT SELECT LOCATIONS) Stay together! Create your own tailored spa time for two in our couples' suite. Minimum spend required on weekends and public holidays.		POA

SENSPACKAGES

BODY POLISHES

VIRGIN ROASTED COCONUT*	60MIN	375DHS
HOT SALT AND PEPPER SCRUB*	60MIN	375DHS
SUGAR DADDY*	60MIN	375DHS
LUXE LAVENDER RUB*	60MIN	375DHS
COCONUT AND ROSE*	60MIN	375DHS
BALI COFFEE SCRUB	60MIN	399DHS

These polishes use exfoliants that stimulate, smoothen and perfect the skin's appearance. All polishes include a 20-minute back massage during the moisture application.
*Add on a 30-minute body polish to any treatment for 199dhs.

BODY WRAPS

WARM MILK AND HONEY WRAP	60MIN	399DHS
SEASONAL WRAP	60MIN	POA

SENSBODY

NATURA BISSÉ FACIALS

DIAMOND COCOON EXPERIENCE Activate the full potential of your skin with this prebiotic, revitalizing, renewing treatment designed to counter the effects of modern pollution and stress: leaving your skin healthy, luminous and protected.	75MIN	699DHS
3D COLLAGEN FACIAL A unique cocktail formulated to combat premature aging and maintain plump, hydrated and wrinkle-free skin.	90MIN	715DHS
O2 RELAX FACIAL Revitalizing energy of pure oxygen decongests, brightens and clarifies a dull complexion. Perfect for urbanites whose skin suffers from every day aggressors.	60MIN	499DHS
SKIN COMFORT FACIAL Soothe and calm with this exclusive combination of botanical ingredients that relieve sensitized skin. This calming facial is the perfect answer for hypersensitivity and irritated skin.	60MIN	549DHS
THE TEEN CLEAN FACIAL Awaken your skin with the revitalizing energy of pure oxygen to decongest, brighten and clarify a dull complexion! *only applicable for teens!	50MIN	315DHS

SENSFACIALS

ELEMIS TOUCH ANTI-AGEING FACIALS

TRI-ENZYME RESURFACING FACIAL A powerful resurfacing treatment to target dull skin and combat the signs of ageing.	75MIN	655DHS
PRO-COLLAGEN AGE DEFY Tackles fine lines and wrinkles for beautifully nourished, younger looking skin.	90MIN	625DHS

ELEMIS TOUCH SKIN SOLUTION FACIALS

VISIBLE BRILLIANCE A nutritional boost that packs stressed skin with energising and detoxifying actives.	90MIN	675DHS
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CURATE YOUR EXPERIENCE
ENHANCEMENTS AVAILABLE IN-SPA

All prices are inclusive of VAT. Prices may vary according to location.

spa

MENU

EMIRATES GOLF CLUB



SENSASIA
urban spa

PBGCC DAY SPA OF THE YEAR 2018
LUXURY LIFESTYLE AWARDS WINNER 2016
MESPA BEST INDEPENDENT SPA 2012, 2013 & 2015
AHLAN BEST SPA IN DUBAI 2011 & 2012
WHAT'S ON FAVORITE SPA 2012

TREATMENT	TIME	PRICE
PAMPER RICH COCOA BUTTER STONE MASSAGE	120MIN	699DHS
A luxuriously profound hot stone massage and skin conditioning treatment.		
DEEP HOT STONE MASSAGE	90MIN	559DHS
Relaxing, detoxifying... pure primeval bliss.		
THE STRETCH	30MIN	279DHS
Post-workout session, designed to elongate, lengthen and recover.		
THE 'KNEAD'-IT	60MIN/90MIN	399DHS/489DHS
Deep tissue techniques – perfect for muscular tension.		
BALIN-EASE MASSAGE	60MIN/90MIN	399DHS/489DHS
Firm, flowing and fabulous – a melting pot of massage styles.		
NURTURING MOTHER-TO-BE	60MIN/90MIN	459MIN/559DHS
A specialised bump-friendly massage from the experts, slightly inclined on your side.		
THE RECOVERY	60MIN	410DHS
Shrug off any post-workout tension with a lot of stretching, kneading and accupressuring.		
THE ULTIMATE RECOVERY	90MIN	515DHS
Shrug off any post-workout tension with stretching, kneading and accupressuring, plus heated herbal poultices to encourage lactic acid out, and recovery in.		
THE RAPID RUB	45MIN	270DHS
In and out in under an hour, complete with a cup of our legendary tea to-go.		
THAI 'CHI' FLOW	60MIN/90MIN	395DHS/485DHS
Our version of the infamous Thai massage, that really gets your CHI on.		
JET-AWAY	60MIN	375DHS
The hi-flyers cure to jet lag. Balance the body with cedarwood, ginger and jasmine.		
WARM CANDLE MELT MASSAGE	60MIN/90MIN	475DHS/569DHS
Choose from scents including vanilla, ylang ylang, lavender or our signature blend.		
THE SLEEP E-Zzz	60MIN/90MIN	445DHS/545DHS
Let us lull you into a deep state of tranquility. Topped off with hot cocoa and marshmallows.		
THE DIGITAL DETOX	45MIN	350DHS
Ideal for all gadget junkies, who need the strains to turn to mush – mid back up.		

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ENHANCEMENTS AVAILABLE IN-SPA

SLIMMING AND TONING

BEAT THE BLOAT	60MIN	370DHS
If your tummy area seems to hold on to water, this is your sucker punch.		
THE URBAN DETOX	90MIN	475DHS
Drainage techniques and ingredients used to improve skin firmness and softness.		
BODY REFINER	90MIN	495DHS
Caffeine-packed exfoliation, mask and massage to stimulate and smooth spongy skin.		
SHRINK TO FIT	30MIN	220DHS
Target your most problematic areas (arms, abs and hips/thighs) with a powerful massage and detoxifying clay wrap. Starting from 30 minutes.		

THE SUPER MUM

The ultimate pamper package for every mum-in-waiting! She will float home after a specialised, bump-friendly massage, cleansing facial and leg lightening treatment.

NURTURING MOTHER-TO-BE MASSAGE

60MIN/90MIN 459DHS/559DHS
A specialised bump-friendly massage from the experts, slightly inclined on your side.

MUMMY AND DADDY-TO-BE MASSAGE

90MIN 965DHS
She's got the bump, but he's feeling it too. Take pamper time out together in our couples' suite (before the baby makes that a challenge!).

MUMMY MASSAGE AND MORE

120MIN 785DHS
Relax the maxed-out mum-to-be and feel the benefits before, during and after baby arrives. Our specialised, bump-friendly massage followed by a 60-minute cleansing facial.

TEMPLE TIME

45MIN 315DHS
Dream about the baby on the way with this heavenly hot frangipani oil head massage.

SCRUB-A-DUB MUM

30MIN 199DHS
Improve circulation and let us scrub away dead skin cells in those hard to reach (or see!) spots. Add-on to SensMama treatment only.

BUDDHA BELLY MASK

30MIN 225DHS
Prevent stretch marks with this delicious moisturizing mask of avocado, honey and molasses. Soothe your growing belly and feed it from the outside. Add-on to SensMama treatment only.

Please note that we do not perform any massage or body treatments on women in their first trimester of pregnancy.

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ENHANCEMENTS AVAILABLE IN-SPA

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SENSSMassage

SENSFIT

SENSMAMA

“A TRUE URBAN *spa*
THAT WOULDN'T FEEL OUT
OF PLACE IN DOWNTOWN
new york”

- TIME OUT DUBAI

THE VILLAGE, JUMEIRAH

EMIRATES GOLF CLUB

KEMPINSKI HOTEL,
MALL OF THE EMIRATES

WWW.SENSASIASPAS.COM