

OUR NEW MENU HAS ARRIVED.
HERE'S WHAT YOU CAN'T MISS!

SAVE ON YOUR

SensAsia FAVES

GUESS WHAT? OUR MOST IN-DEMAND TREATMENTS HAVE
TAKEN A PRICE DIP...

TREATMENT	TIME	PRICE
URBAN LIVING™	90MIN	549DHS
Let your skin breathe freely with this smoothing body buff and massage combo.		
BEE MY HONEY	120MIN	699DHS
Get your honey ready with this seriously skin softening session. Delicious doesn't cut it.		
DEEP HOT STONE MASSAGE	90MIN	559DHS
Relaxing, detoxifying... pure primeval bliss.		
THE 'KNEAD'-IT	60MIN/90MIN	399DHS/489DHS
Deep tissue techniques – perfect for muscular tension.		
BALIN-EASE MASSAGE	60MIN/90MIN	389DHS/435DHS
Firm, flowing and fabulous – a melting pot of massage styles.		
THE RAPID RUB	45MIN	270DHS
In and out in under an hour, complete with a cup of our legendary tea to-go.		
SENSBODY POLISHES	60MIN	from 375DHS to 399DHS
From hot salt and pepper to exotic lime and ginger, you now save on your favourite scrub!		
ENHANCEMENTS		from 19DHS to 90DHS
Whether it's a luxe cocoa butter upgrade or more time you need, our full selection of add-ons are now even lower priced.		

OUR NEW

lifestyle LAUNCHES

DESIGNED TO COMPLEMENT THE MANY WOMEN
(AND MEN!) YOU ARE.

TREATMENT	TIME	PRICE
THE SKINNY LATTE	150MIN	699DHS
A caffeine-powered coffee scrub, mask and intense massage to attack stubborn fat, followed by a probiotic facial to hydrate, strengthen and rejuvenate.		
BALI COFFEE SCRUB	60MIN	399DHS
A caffeine-powered kick to target stubborn fat and stimulate circulation.		
WARM MILK AND HONEY WRAP	60MIN	399DHS
A smoothing, detoxifying and ultra-moisturising wrap to perfect the skin's appearance.		
BEAT THE BLOAT	60MIN	370DHS
If your tummy area seems to hold on to water, this is your sucker punch.		
THE HANGOVER CURE	60MIN	385DHS
A post-party fix to get you back on track. Cools the eyes, revives the head and enlivens the body – finished with a detox drink.		
HEADACHE RELIEF	45MIN	285DHS
Slip under a cosy duvet with this tension taming session.		
THE RECOVERY	60MIN	410DHS
Shrug off any post-workout tension with a lot of stretching, kneading and accupressuring.		

All prices are inclusive of VAT. Prices may vary according to location.

spa

MENU

this hits

Every SensAsia treatment includes a foot cleansing ritual, your own comfy robe and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea. If any of our Signature Spa Packages don't meet your needs, we can create one just for you.

TREATMENT	TIME	PRICE
THE WEEKEND PREP	135MIN	875DHS
Prepping for the weekend's LBD just got simpler. Back exfoliation plus a heated stone massage, followed by an ultra-hydrating facial.		
OH! STRIP ME PLEASE!	120MIN	699DHS
Let us 'strip you' down with this scaly skin shedding session plus hot candle massage.		
URBAN LIVING™	90MIN	549DHS
Let your skin breathe freely with this smoothing body buff and massage combo.		
BEE MY HONEY	120MIN	699DHS
Get your honey ready with this seriously skin softening session. Delicious doesn't cut it.		
ABSOLUTE SPA RITUAL	135MIN	870DHS
Our bestseller. A complete journey into sensory heaven, combining a full body massage with an intensive Anti-Ageing or Skin Solution Facial, prescribed to your needs.		
THE SKINNY LATTE	150MIN	699DHS
A caffeine-powered coffee scrub, mask and intense massage to attack stubborn fat, followed by a probiotic facial to hydrate, strengthen and rejuvenate.		
THE LUXE COCO RITUAL	120MIN	569DHS/669DHS
A gorgeous, gritty coconut scrub and warm scented coconut oil massage to rejuvenate and nourish. Luxe to the max with hot stones.		
COUPLES WHO SPA TOGETHER (ONLY AVAILABLE AT SELECT LOCATIONS)		POA
Stay together! Create your own tailored spa time for two in our couples' suite.		

SENSPACKAGES

BODY POLISHES

VIRGIN ROASTED COCONUT* - BRAND NEW	60MIN	375DHS
HOT SALT AND PEPPER SCRUB*	60MIN	375DHS
SUGAR DADDY*	60MIN	375DHS
LUXE LAVENDER RUB*	60MIN	375DHS
COCONUT AND ROSE*	60MIN	375DHS
BALI COFFEE SCRUB	60MIN	399DHS

These polishes use exfoliants that stimulate, smoothen and perfect the skin's appearance. All polishes include a 20-minute back massage during the moisture application.
*Add on a 30-minute body polish to any treatment for 199dhs.

BODY WRAPS

WARM MILK AND HONEY WRAP	60MIN	399DHS
SEASONAL WRAP	60MIN	POA

SENSBODY

NATURA BISSÉ FACIALS

DIAMOND COCOON EXPERIENCE - BRAND NEW	75MIN	699DHS
Activate the full potential of your skin with this prebiotic, revitalizing, renewing treatment designed to counter the effects of modern pollution and stress: leaving your skin healthy, luminous and protected.		
3D COLLAGEN FACIAL - BRAND NEW	90MIN	715DHS
A unique cocktail formulated to combat premature aging and maintain plump, hydrated and wrinkle-free skin.		
O2 RELAX FACIAL - BRAND NEW	60MIN	499DHS
Revitalizing energy of pure oxygen decongests, brightens and clarifies a dull complexion. Perfect for urbanites whose skin suffers from every day aggressors.		
SKIN COMFORT FACIAL - BRAND NEW	60MIN	549DHS
Soothe and calm with this exclusive combination of botanical ingredients that relieve sensitized skin. This calming facial is the perfect answer for hypersensitivity and irritated skin.		

SENSFACIALS

ELEMIS TOUCH ANTI-AGEING FACIALS

TRI-ENZYME RESURFACING FACIAL	75MIN	655DHS
A powerful resurfacing treatment to target dull skin and combat the signs of ageing.		
PRO-COLLAGEN AGE DEFY	90MIN	625DHS
Tackles fine lines and wrinkles for beautifully nourished, younger looking skin.		

ELEMIS TOUCH SKIN SOLUTION FACIALS

VISIBLE BRILLIANCE	90MIN	675DHS
A nutritional boost that packs stressed skin with energising and detoxifying actives.		

ALL ABOUT EYES 69DHS | COOLING CUCUMBER EYE MASK 19DHS
MORE MASSAGE TIME 85DHS | FOOT MASSAGE 90DHS

ADD ONS

All prices are inclusive of VAT. Prices may vary according to location.

spa

MENU



SENSASIA
urban spa

PBGCC DAY SPA OF THE YEAR 2018
LUXURY LIFESTYLE AWARDS WINNER 2016
MESPA BEST INDEPENDENT SPA 2012, 2013 & 2015
AHLAN BEST SPA IN DUBAI 2011 & 2012
WHAT'S ON FAVORITE SPA 2012

TREATMENT	TIME	PRICE
PAMPER RICH COCOA BUTTER STONE MASSAGE	120MIN	699DHS
A luxuriously profound hot stone massage and skin conditioning treatment.		
DEEP HOT STONE MASSAGE	90MIN	559DHS
Relaxing, detoxifying... pure primeval bliss.		
THE STRETCH - BRAND NEW	30MIN	279DHS
Post-workout session, designed to elongate, lengthen and recover.		
THE 'KNEAD'-IT	60MIN/90MIN	399DHS/489DHS
Deep tissue techniques – perfect for muscular tension.		
BALIN-EASE MASSAGE	60MIN/90MIN	389DHS/435DHS
Firm, flowing and fabulous – a melting pot of massage styles.		
NURTURING MOTHER-TO-BE	60MIN/90MIN	459MIN/559DHS
A specialised bump-friendly massage from the experts, slightly inclined on your side.		
THE RECOVERY	60MIN	410DHS
Shrug off any post-workout tension with a lot of stretching, kneading and accupressuring.		
THE ULTIMATE RECOVERY	90MIN	515DHS
Shrug off any post-workout tension with stretching, kneading and accupressuring, plus heated herbal poultices to encourage lactic acid out, and recovery in.		
THE RAPID RUB	45MIN	270DHS
In and out in under an hour, complete with a cup of our legendary tea to-go.		
THAI 'CHI' FLOW	60MIN/90MIN	395DHS/485DHS
Our version of the infamous Thai massage, that really gets your CHI on.		
HEADACHE RELIEF	45MIN	285DHS
Slip under a cosy duvet with this tension taming session.		
JET-AWAY	60MIN	375DHS
The hi-flyers cure to jet lag. Balance the body with cedarwood, ginger and jasmine.		
WARM CANDLE MELT MASSAGE	60MIN/90MIN	475DHS/569DHS
Choose from scents including vanilla, ylang ylang, lavender or our signature blend.		
THE SLEEP E-Zzz	60MIN/90MIN	445DHS/545DHS
Let us lull you into a deep state of tranquility. Topped off with hot cocoa and marshmallows.		
THE HANGOVER CURE	60MIN	385DHS
A post-party fix to get you back on track. Cools the eyes, revives the head and enlivens the body – finished with a detox drink.		
THE DIGITAL DETOX	45MIN	350DHS
Ideal for all gadget junkies, who need the strains to turn to mush – mid back up.		

THE G&T 79DHS | TECH NECK 69DHS | GO UPPER CLASS 55DHS
 MORE TIME PLEASE 85DHS | HOT STONES 85DHS | HOT PACK 85DHS
 THE WORK-A-HOLIC'S 59DHS | GREEN MAGIC GEL 10DHS

SLIMMING AND TONING		
BEAT THE BLOAT	60MIN	370DHS
If your tummy area seems to hold on to water, this is your sucker punch.		
THE URBAN DETOX	90MIN	475DHS
Drainage techniques and ingredients used to improve skin firmness and softness.		
BODY REFINER	90MIN	495DHS
Caffeine-packed exfoliation, mask and massage to stimulate and smooth spongy skin.		
SHRINK TO FIT	30MIN	220DHS
Target your most problematic areas (arms, abs and hips/thighs) with a powerful massage and detoxifying clay wrap. Starting from 30 minutes.		

THE SUPER MUM	135MIN	849DHS
The ultimate pamper package for every mum-in-waiting! She will float home after a specialised, bump-friendly massage, cleansing facial and leg lightening treatment.		
NURTURING MOTHER-TO-BE MASSAGE	60MIN/90MIN	459DHS/559DHS
A specialised bump-friendly massage from the experts, slightly inclined on your side.		
MUMMY AND DADDY-TO-BE MASSAGE	90MIN	965DHS
She's got the bump, but he's feeling it too. Take pamper time out together in our couples' suite (before the baby makes that a challenge!).		
MUMMY MASSAGE AND MORE	120MIN	745DHS
Relax the maxed-out mum-to-be and feel the benefits before, during and after baby arrives. Our specialised, bump-friendly massage followed by a 60-minute cleansing facial.		
Please note that we do not perform any massage or body treatments on women in their first trimester of pregnancy.		

TEMPLE TIME 315DHS | SCRUB-A-DUB-MUM 199DHS

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SENSMASSAGE

ADD ONS

SENSFIT

SENSMAMA

ADD ONS



“A TRUE URBAN *spa* THAT WOULDN'T FEEL OUT OF PLACE IN DOWNTOWN *new york*”

- TIME OUT DUBAI

THE VILLAGE, JUMEIRAH
 EMIRATES GOLF CLUB
 GOLDEN MILE, THE PALM JUMEIRAH
 GRAND PLAZA MÖVENPICK HOTEL, DMC
 WWW.SENSASIASPAS.COM