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Very suited to reduce the look of discoloration, uneven skin tone, age spots and overall dull skin, Elemis has just launched its White Brightening Even Tone facial to rejuvenate skin which needs a visible boost

Whiter and brighter

[Part 2]

Elemis White Brightening Treatment at Sensasia Spa

The Sensasia Spa in the Village Mall, Jumeirah is a tranquility haven right in the middle of the city. You can actually

smell your way to it. The smell calms you instantly, urging you to forget where you came from or what's on your agenda for the rest of the day and instead focus on the complete relaxation at hand.





SPA REVIEW - SENSASIA SPA

her to proceed with the treatment.

The consultation began with a quick foot soak. The therapist was thorough in explaining each step of the treatment as well as advising me on my skin concerns and recommending the kinds of products for my skin type and how optimally to use them.

The treatment began with a fabulously relaxing 30-minute back massage. It has to be said here that the therapist was exceptionally good at her job, because by the time she was done with my back, the many knots around my shoulders had disappeared.

The facial began with a thorough cleansing of the face using the Elemis Pro Collagen Cleansing Balm followed by the White Brightening Even Tone Cleanser. This was followed by the application of the White Brightening toner. She then applied the Tri-Enzyme Resurfacing Gel mask. This was followed by a scalp massage while the mask did its work on the skin.

After the mask, the therapist again toned the face with the same toner and then applied the facial oil from the same range. The movements of the hands on the face is of great importance in this step of the facial. The therapist used her hands in light movements over the face and neck in order to not overstimulate the skin. So as to not produce melanin.

After this step the oil was removed and toner applied. After this, the therapist applied the serum from the same range and followed it with the application of the peel off mask from the same range. Once the mask was on the face, the therapist applied the cleanser, toner, oil and the Pro-Radiance Hand and Nail Cream to both hands upto the elbows.

She then removed the peel off mask and applied toner, followed by the serum, moisturiser - the Pro-Collagen Marine cream - and Liquid Layer SPF and eye cream.

The result was instantly visible in brighter, cleaner skin. My face almost looked thinner, too! The effect of dead skin cells having been removed perhaps. It was a fabulous facial and is recommended to be done as often as needed to maintain bright, young-looking skin.

Time: 60 minutes

Verdict: Fantastic! ■

The lady at reception welcomed me with a refreshing towel and a cool drink and after a few minutes handed me a questionnaire to fill out about my concerns and lifestyle in

order to tailor the experience to my preferences. Soon after my therapist came to meet me and escorted me inside the spa. Showed me my locker and waited while I changed and met

